



XVI FIJI GAMES
SATURDAY 20TH APRIL, 2019
ANZ STADIUM, SUVA
ATHLETICS PROGRAM



9.00am	5000m Finals	Women/ Men Open
10.00am	110m Hurdles Final	Men Open
	Long Jump	Women Open
	Discus	Women Open
10.15am	100m Hurdles Final	Women Open
10.30am	100m Heats	Women/MenOpen
	High Jump	Women Open
	Javelin	Men Open
11.00am	400m Heats	Women/Men Open
	Long Jump	Men Open
11.30am	800m Finals	Women/MenOpen
	Shot Put	Men Open/Para
	Triple Jump	Men Open
12.00pm	200m Heats	Women/Men Open
12.30pm	3000m	Women Open
12.45pm	3000m Steeplechase	Men Open
1.00pm	LUNCH BREAK	
2.00pm	100m Finals	Women/Men Open/Para
	Triple Jump	Women Open
	Discus	Men Open
	High Jump	Men Open
2.20pm	400m Finals	Women/Men Open
	Javelin	Women Open
	Shot Put	Women Open/Para
2.40pm	1500m Finals	Women/Men Open
	1500m Finals	Men Open
3.00pm	200m Finals	Women/Men Open
3.15pm	400m Hurdles Finals	Women/Men Open
4.00pm	4 x 100m Relay Finals	Women/Men Open
4.30pm	4 x 400m Relays Finals	Women/Men Open
5.00pm	END OF PROGRAM	