



# ATHLETICS FIJI

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## SHOP N SAVE ATHLETICS FIJI NATIONAL ATHLETICS CHAMPIONSHIPS

### ANZ STADIUM, SUVA

#### PROGRAM

#### **Day 1 Friday 30<sup>th</sup> March 2018**

2.00pm	100m Hurdles Heptathlon	Women Open
2.10pm	100m Decathlon	Men Open
2.30pm	Hammer Throw Final	Men/Women Open
3.00pm	High Jump Heptathlon	Women Open
3.20pm	Long Jump Decathlon	Men Open
3.30pm	Shot Put Heptathlon	Women Open
	400m Hurdles Final	Women Open
	400m Hurdles Final	Men Open
3.50pm	Shot Put Decathlon	Men Open
4.00pm	200m Heptathlon	Women Open
4.20pm	High Jump Decathlon	Men Open
4.30pm	10,000m Final	Men/Women Open
	3,000m Walk Final	Men/Women Open
5.15pm	400m Decathlon	Men Open

#### **Day 2 Saturday 31 March 2018**

8.00am	5,000m Final	Men/Women Open
8.30am	110m Hurdles Decathlon	Men Open
	110m Hurdles Final	Men Open
	Long Jump	Women u14,u16u18,u20,Open,Masters, Heptathlon
	Discus	Women u14,u16,u18,u20,Open,Masters
8.45am	100m Hurdles Final	Women Open
9.00am	100m Heats	Men/Women u14,u16,u18,u20,Open,Masters
	High Jump	Men/Women u14,u16
9.30am	Discus Decathlon	Men Open

10.00am	400m Heats High Jump Long Jump	Men/Women u14,u16,u18,u20,Open,Masters Men/Women u18,u20,Open,Masters Men u14,u16,u18,u20,Open,Masters
11.00am	800m Finals Shot Put High Jump	Men/ Women u14,u16,u18,u20,Open Men u14, u16, u18,u20,Open,Masters Men u18,u20,Open,Masters
11.20am	50m	Boys/Girls u6,u8,u10,u12
11.30am	200m Heats Pole Vault Decathlon	Men/Women u14,u16,u18,u20,Open,Masters Men open
12.15pm	3000m Steeplechase	Men Open
12.40pm	3000m	Women Open
<b>1.00pm</b>	<b>LUNCH BREAK</b>	
2.00pm	100m Finals Javelin Decathlon/Hept Triple Jump Discus High Jump	Men/Women u14,u16,u18,u20, Open, Masters Men/Women Open Men/Women u14,u16,u18,u20, Open, Masters Men u14,u16,u18,u20,Open, Masters Women u18,u20,Open, Masters
2.20pm	400m Finals Javelin Shot Put	Men/Women u14,u16,u18, u20,Open,Masters Men/Women u14,u16,u18,u20, Open,Masters Women u14,u16,u18,u20,Open, Master
2.40pm	1500m Finals	Men/Women u14,u16,u18,u20,Open, Masters
3.15pm	200m Finals	Men/Women u14,u16,u18,u20,Open, Masters
3.40pm	800m Heptathlon	Women Open
3.45pm	1500m Decathlon	Men Open
4.00pm	4 x 100m Relays Finals	Men/Women u14,u16,u18,u20,Open,Masters
4.30pm	4 x 400m Relays Finals	Men/Women u14,u16,u18,u20,Open, Masters
5.00pm	Presentation of Certificates/Trophies	

**GATE FEES : Athletes/Students /Children \$2.00      Adults : \$5.00**